

Lakeshore PCA Nutrition Services

Lakeshore Primary Care Associates has Melissa Verdi, a Registered Dietitian, Certified Diabetes Educator (RD, CDE) on staff. Appointments with the RD, CDE are billed directly to your insurance. Insurance companies are recognizing the value of seeing an RD, including potential cost savings to both you and them (decreased hospitalizations, fewer medications, etc.). Medical Nutrition Therapy is considered a preventative service, which often results in no co-pay. Diabetes Self-Management Training and Education from a CDE is considered a valuable service for patients with diabetes.

Although many insurance companies cover these visits, coverage varies based on each individual plan, and the reason for your visit. Please check with your specific insurance plan to see if they cover the visits. This will help to avoid any billing issues. You will need to let them know the diagnosis you are seeing the RD for (obesity, high cholesterol, diabetes, etc.). See the reverse side for a list of numbers to call and what to ask.

Our Registered Dietitian is currently accepting the following insurance:

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| -Aetna | -Magnacare |
| -Blue Cross Blue Shield | -Medicare (diabetes and kidney disease ONLY) |
| -Cigna | -MVP |
| -Empire Plan | -United Healthcare |
| -Fidelis (limited coverage) | -Univera |
| -Independent Health | -Your Care |

Soon to be accepting:

- Medicaid (diabetes and kidney disease ONLY)
- WellCare

If you have any questions or concerns about your upcoming appointment, please call the office or contact Melissa via the portal system.

If you do not have insurance, or your insurance will not cover nutrition services, you may still choose to pay out of pocket for your visit. The cost for these visits is \$15 per 15 minutes.

How to find out if Services by a Registered Dietitian are Covered Through Your Insurance Company

Please contact your insurance company prior to your nutrition visit. **Bring this completed form to your first visit with your Dietitian.**

Step 1: Call your insurance company:

- Call the Customer Service number on the back of your insurance card.

Step 2:

- Inquire if a Registered Dietitian is covered. **Ask about code 97802 (nutrition therapy), and G0108 (if you have diabetes).** If it is covered, ask them:
 - Is the reason for my visit covered (ex: diabetes, overweight, high cholesterol, etc.)? _____
 - Is this visit covered under Preventive Services? _____
 - How many visits will be covered? _____
 - Is there a copay required? _____ If yes, what is the copay? _____
 - Is a referral or Prior Authorization* required? _____
 - Does my deductible apply to this service? _____

 - Are there any other restrictions? _____

Your Registered Dietitian's name is Melissa Verdi

**If prior authorization is required, please let the office know PRIOR TO your appointment*